

## ALULA ORIGINAL STAGE 2



### Alula Original Stage 2 NUTRITION INFORMATION

Refer to pack for feeding guide and ingredient list.

Average per 100mL as prepared (13.6g + 90mL water)		
Energy	282	kJ
Protein	1.3	g
50% Whey	0.66	g
50% Casein	0.64	g
Fat	3.2	g
Linoleic Acid (LA)	588	mg
$\alpha$ -Linolenic Acid (ALA)	60	mg
Carbohydrate	8.3	g
<b>Vitamins</b>		
Vitamin A	60	$\mu$ g
Vitamin B <sub>1</sub>	100	$\mu$ g
Vitamin B <sub>2</sub>	150	$\mu$ g
Vitamin B <sub>6</sub>	55	$\mu$ g
Vitamin B <sub>12</sub>	0.24	$\mu$ g
Vitamin C	9.0	mg
Vitamin D	1.2	$\mu$ g
Vitamin E (TE)	0.74	mg
Vitamin K	6.7	$\mu$ g
Biotin	2.0	$\mu$ g
Folate	10	$\mu$ g
Niacin	500	$\mu$ g
Pantothenic Acid	300	$\mu$ g
<b>Minerals</b>		
Calcium	46	mg
Chloride	65	mg
Copper	60	$\mu$ g
Iodine	15	$\mu$ g
Iron	1.2	mg
Magnesium	8.0	mg
Manganese	35	$\mu$ g
Phosphorus	35	mg
Potassium	106	mg
Selenium	2.0	$\mu$ g
Sodium	30	mg
Zinc	0.75	mg
Taurine	4.7	mg

Contains milk and soy.

Want to find out more.



Phone: 1800 552 229

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[www.meandmychild.com.au](http://www.meandmychild.com.au)